

# Sonya Alise McKinzie

MOMMY. AUTHOR. SPEAKER. SURVIVOR. CEO. HUMANITARIAN.

## Thrive-Her: Lessons from A Survivor of Abuse & Suicide

Transforming from being a "victim" of Fatherlessness, Abuse and Brokenness to Surviving and Thriving in my God-Given Purpose!



## Sonya Alise McKinzie

educates, empowers, encourages and elevates the audience about:

- ~ Reclaiming your Life
- ~ Regaining your Power
- ~ Breaking the Stronghold of "IT (ssues)"
- ~ Breaking the Victim Mentality and Embracing the Thrive-Her Mentality
- ~ Sharing your Story for Healing to Begin
- ~ Appreciating the Life and Loved Ones God Blessed You With

Hear Sonya's Story of Surviving her "IT (ssues)" as shared in her books Perfectly Imperfect, Thrive-Her, Heaven Rain on Me & Best-Selling Anthology "Soul Source".



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